

Milwaukee AHEC Connections

“Mom, today I sutured a pig’s foot!”

Through a developing partnership between the Milwaukee AHEC Youth Health Service Corps (YHSC) and UW-Madison’s Training in Urban Medicine and Public Health (TRIUMPH) Program, YHSC members from Rufus King High School received hands-on experience suturing pigs’ feet.

UW-Madison medical student, Natalie Weisensel, led the monthly YHSC meeting along with TRIUMPH director, Dr. Cythia Haq. Students were first instructed how to properly hold surgical instruments and the importance of following all safety rules. Three other medical students, Cassie Albertin, Jon Strong, and Anna Yan taught YHSC members how to suture their own pig’s foot from inserting the needle to tying their first suture. YHSC members went to work stitching up the wound while asking the medical students questions about school, their residency, and listening to any advice they could offer.



UW-Madison medical student, Natalie Weisensel, teaching YHSC member, Madeline Griffith, how to suture.

Walk with Ease in WI a Huge Success!

Thanks to all the Wisconsin Arthritis Program partners that worked hard promoting and scheduling Walk with Ease (WWE) classes around Wisconsin. Alison Eschweiler from the Arthritis Foundation proudly reported at the Wisconsin Arthritis Action Council meeting that Wisconsin had the most WWE participants, accounting for 30% of all WWE participants in the United States!

Pamela Robbins, a Walk with Ease leader, is also receiving a lot of media attention for her dedication to the program and the success of her classes. She was featured in the *Milwaukee Journal Sentinel* in August and is still hard at work leading classes in the Milwaukee area. Recently, Pamela received national recognition from the Arthritis Foundation and was awarded the Life Improvement Series Volunteer of the Year Award.



Pam Robbins teaching a class at Clinton Rose Senior Center.



Pamela Robbins (right) with Arthritis Foundation’s Alison Eschweiler (left) at Clinton Rose Senior Center.

Congratulations Pam!

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Milwaukee AHEC Staff Sightings

- ◆ Suzanne Letellier, Jackie Martin and TeAngelo Cargile Jr. presented to the class “Leadership in Youth Serving Organizations” at the University of Wisconsin-Milwaukee in October. The presentation included the benefits and challenges of working with youth and past accomplishments from Milwaukee AHEC’s youth program, Youth Health Service Corps.
- ◆ Harvey Padek presented at the Milwaukee County Department of Aging Wellness Council at the United Community Center Senior Center in November about the Living Well with Chronic Conditions program.
- ◆ TeAngelo Cargile Jr. and Jackie Martin attended a health fair at Urban Day School and promoted the Wisconsin Arthritis Program and importance of healthy lifestyles.

Youth Health Service Corps Highlights

- * Rufus King was added as a new partner school for the YHSC program in Sept.
- * 52 new members trained from October-November
- * 451 total hours of volunteer service since September 1, 2011



YHSC members and former YHSC alum, TeAngelo Cargile Jr., supervising volunteers at a Thanksgiving Food Drive.



For more information about Milwaukee AHEC visit us online at www.milahec.org or find us on Facebook at “Milwaukee AHEC”



Happy Holidays!

From all of us at Milwaukee AHEC